L'shanah Tovah Happy New Year 5781

Hornblowing Time

תִּקְעוּ בַחֹדֶשׁ שׁוֹפָר בַּכֵּסֶה לְיוֹם חַגֵּנוּ. כִּי חֹק לִיִשִּׁרָאֵל הוּא מִשִּׁפָּט לֵאלֹהֵי יַעַקֹב.

Tik'u va-chodesh shofar, ba-kesè l'yom chaggenu. Ki chok l'Yisra'el hu, mishpat Lelohei Ya'akov.

Hornblowing time is coming soon, pray sound the trumpet on the autumn moon. The law kept by king and priest, the law of the yearly feast.

For the Body

Thank You, God, for eyes that see, for ears that hear, for lips that speak. Thank You, God, for minds that think. Thank You, God, for hearts that beat.

ַבָּרוּדְ אַתָּה, יְיָ, אֲשֶׁר יָצַר אֶת הָאָדָם בְּחָכְמָה.

Baruch attah, Adonai, asher yatzar et ha-adam b'chochmah.

We praise You, Eternal God. Thank You for my body. It is a miracle!

Call to Worship

בָּרְכוּ אֶת יְיָ הַמְבֹּרְדְּ. בָּרוּדְ יִיָ הַמְבֹרְדְ לְעוֹלָם וָעֶד.

Barchu et Adonai ha-m'vorach.
Baruch Adonai ha-m'vorach l'olam va-ed.

Creation

When God made the world, God made it full of light; the sun to shine by day, the moon and stars by night. God made it full of life: lilies, oaks, and trout, tigers and bears, sparrows, hawks, and apes.

Then God took clay from earth's four corners to give it the breath of life.

And God said: This is very good!

Man, woman, and child – all are good; man, woman, child resemble God.

Like God, we love. Like God, we think. Like God, we care.

Man, woman, and child – all are good.

God Loves Us

God, You gave us mitzvot in the Torah because You love us:

Play fair.

Be kind.

Share with others.

Tell the truth.

When we want to know the right thing to do, we remember what the Torah says. It helps us decide what is right, when no one is there to tell us.

ַבָּרוּדְ אַתָּה, יְיָ, אוֹהֵב עַמּוֹ יִשְׂרָאֵל.

Baruch attah, Adonai, ohev ammo Yisra'el.

We praise You, Eternal God. You gave the Jewish people the Torah. It is a sign that You love us.

Oneness of God

ָשְׁמַע יִשְׂרָאֵל יִיָ אֱלֹהֵינוּ יְיָ אֶחָד.

Sh'ma Yisra'el Adonai Eloheinu Adonai echad.

Hear, O Israel: the Eternal One is our God, the Eternal God alone.

בָּרוּדְ שֵׁם כִּבוֹד מַלְכוּתוֹ לְעוֹלָם וַעֵד.

Baruch shem k'vod malchuto l'olam va-ed.

Blessed is God's glory forever and ever!

We Love God

ְוְאָהַבְתָּ אֵת יְיָ אֱלֹהֶיךּ בְּכָל לְבָבְךּ וּבְכָל נַפְשְׁךּ וּבְכָל מְאֹדֶךּ. וְהָיוּ הַדְּבָרִים הָאֵלֶה אֲשֶׁר אָנֹכִי מְצַוְּךּ הַיּוֹם עַל לְבָבֶךּ. וְשִׁנִּנְתָּם לְבָנֶיךּ וְדִבַּרְתָּ בָּם בְּשִׁבְתְּדְּ בְּבֵיתֶךְ וּבְלֶכְתְּדְּ בַדֶּיֶרְדְּ וּבְשָׁכְבְּדְּ וּבְקוּמֶךְ. וּקְשַׁרְתָּם לְאוֹת עַל יָדֶדְ וְהָיוּ לְטֹטָפֹת בֵּין עִינֶיךְ. וּכְתַבְתָּם עַל מְזָזוֹת בֵּיתֶךְ וּבִשְׁעָרֶיךְ. לְמַעַן תִּזְכְּרוּ וַעֲשִׂיתֶם אֶת כָּל מִצְוֹתִי וְהְיִיתֶם קְדֹשִׁים לֵאלהִים אֲנִי יִיָ אֱלֹהֵיכֶם אֲשֶׁר הוֹצֵאתִי אֶתְכֶם מֵאֶרֶץ מִצְרַיִם לִהְיוֹת לָכֶם לֵאלהִים אֲנִי יִיָּ אֱלֹהֵיכֶם.

V'ahavta et Adonai Elohecha b'chol l'vavcha uv-chol nafsh'cha uv-chol m'odecha. V'hayu ha-d'varim ha-elleh asher anochi m'tzavv'cha ha-yom al l'vavecha. V'shinnantam l'vanecha v'dibbarta bam b'shivt'cha b'veitecha uv-lecht'cha va-derech uv-shochb'cha uv-kumecha. Ukshartam l'ot al yadecha v'hayu l'totafot bein einecha. Uchtavtam al m'zuzot beitecha u-vish'arecha. L'ma'an tizk'ru va-asitem et kol mitzvotai vihyitem k'doshim Leloheichem. Ani Adonai Eloheichem asher hotzeti et'chem me-eretz Mitzrayim lihyot lachem Lelohim ani Adonai Eloheichem.

You shall love God with all your mind, with all your strength, with all your being. Set these words which I command you this day upon your heart.

Teach them faithfully to your children; speak about them in your home and when you are away, when you lie down and when you get up. Bind them as a sign upon your hand; let them be a symbol before your eyes; write them on the doorposts of your house and on your gates.

Remember My mitzvot, and do them. In this way, you become holy.

I freed your people from Egyptian slavery long ago, so that you might be My People.

I am the Eternal One, your God.

For a Better Tomorrow

When our people were slaves in Egypt, they prayed to God for help. God freed them.

Our people sang out with respect and love.

Today, as well, we trust God to help us. We dream of a better tomorrow. We sing those words our ancestors sang when they crossed the Sea of Reeds.

מִי כָמְכָה בָּאֵלִם יִיָ מִי כָּמְכָה נֶאְדָּר בַּקֹדֶשׁ נוֹרָא תְהַלֹּת עְשֵׁה פֶּלֶא.

Mi chamochah ba-elim Adonai mi kamochah nedar ba-kodesh nora t'hillot oseh felè.

Who is like you, Adonai? No one is as holy and as wonderful as You.

When the Jewish people were freed from Pharaoh's oppression and slavery, they declared Adonai would be our God forever.

ּיָיָ יִמְלדְ לְעוּלָם וָעֶד. בָּרוּדְ אַתָּה, יְיָ, גְּאַל יִשְׂרָאֵל.

Adonai yimloch l'olam va-ed. Baruch attah, Adonai, ga'al Yisra'el.

O God, as You helped our people before, we pray that You will shelter and protect us now. We praise You, God, who saves our people, Israel.

Standing Prayer

אֲדֹנָי שְׁפָתַי תִּפְתָּח וּפִי יַגִּיד תְּהִלְּתֶךְ.

Adonai s'fatai tiftach u-fi yaggid t'hillatecha.

Eternal God, open my lips, that my mouth may declare Your glory.

בָּרוּדְ אַתָּה, יְיָ אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ, אֱלֹהֵי אַבְרָהָם, אֱלֹהֵי יִצְחָק, וֵאלֹהֵי יַצְקֹב, אֱלֹהֵי שָׁרָה, אֱלֹהֵי רִבְקָה, אֱלֹהֵי לֵאָה, וֵאלֹהֵי רָחֵל, הָאֵל הַנְּדוֹל הַנִּצְּוֹר וְהַנּוֹרָא, אֵל עֶלְיוֹן, גּוֹמֵל חֲסָדִים טוֹבִים, וְקֹנֵה הַכֹּל, וְזוֹכֵר חַסְדֵי אָבוֹת הַנִּבּוֹר וְהַנּוֹרָא, אֵל עֶלְיוֹן, גּוֹמֵל חֲסָדִים טוֹבִים, וְקֹנֵה הַכֹּל, וְזוֹכֵר חַסְדֵי אָבוֹת וְאִפְּהוֹת, וּמֵבִיא גְאֻלָּה לִבְנֵי בְנֵיהֶם, לְמַעַן שְׁמוֹ בְּאַהֲבָה. מֶלֶךְ עוֹזֵר וּמוֹשִׁיעַ וּמָגון. בָּרוּךְ אַתָּה, יְיָ, מָגון אַבְרָהָם וְעֶזְרַת שָׂרָה.

Baruch attah, Adonai Eloheinu Velohei avoteinu v'immoteinu, Elohei Avraham, Elohei Yitzchak, Velohei Ya'akov, Elohei Sarah, Elohei Rivkah, Elohei Le'ah, Velohei Rachel, ha-El ha-gadol ha-gibbor v'ha-nora, El elyon, gomel chasadim tovim, v'koneh ha-kol, v'zocher chasdei avot v'immahot, u-mevi g'ullah livnei v'neihem, l'ma'an sh'mo b'ahavah. Melech ozer u-moshia u-magen. Baruch attah, Adonai, magen Avraham v'ezrat Sarah.

We praise You, our God.

Abraham, Isaac and Jacob, Sarah, Rebekah, Leah and Rachel – each of them prayed to You and praised You. You have always loved and protected us. We thank You for all that You have done, and we praise You, our Shield and our Protector.

אַתָּה גָּבּוֹר לְעוֹלָם אֲדֹנָי, מְחַיֵּה הַכּּל אַתָּה, רַב לְהוֹשִׁיעַ. מְכַלְכֵּל חַיִּים בְּחֱסֶד, מְחַיֵּה הַכּּל בְּרַחֲמִים רַבִּים, סוֹמֵךְ נוֹפְלִים, וְרוֹפֵא חוֹלִים, וּמַתִּיר אֲסוּרִים, וּמְקַיֵּם אֱמוּנָתוֹ לִישֵׁנֵי עָפָר, מִי כָמְוֹךְ בַּעַל גְּבוּרוֹת וּמִי דְּוֹמֶה לָךְ, מֶלֶךְ מֵמִית וּמְחַיֶּה וּמַצְמְיחַ יְשׁוּעָה. וְנֶאֱמָן אַתָּה לְהַחֲיוֹת הַכֹּל. בָּרוּךְ אַתָּה, יִיָ, מִחַיֵּה הַכֹּל.

Attah gibbor l'olam Adonai, m'chayyeh ha-kol attah, rav l'hoshia. M'chalkel chayyim b'chesed, m'chayyeh ha-kol b'rachamim rabbim, somech noflim, v'rofé cholim, u-mattir asurim, umkayyem emunato lishenei afar, mi chamocha ba'al g'vurot u-mi domeh lach, melech memit umchayyeh u-matzmiach y'shu'ah. V'ne'eman attah l'hachayot ha-kol. Baruch attah, Adonai, m'chayyeh ha-kol.

O God, as we remember all You do, we make this promise: to be like You.

We will raise up those who fall, heal those who are sick, free those who are in need.

As Your partners, we will support the poor, feed the hungry, house the homeless, befriend the lonely and give hope to all people.

We will be faithful Jews.

As you have helped us live better lives, we shall help others.

We praise You, O God, who gives meaning to our lives.

Healing

מִי שֶׁבַּרַדְ אֲבוֹתֵינוּ מְקוֹר הַבְּרָכָה לְאִמּוֹתֵינוּ.

Mi she-berach avoteinu m'kor ha-b'rachah l'immoteinu.

May the Source of strength who blessed the ones before us, help us find the courage to make our lives a blessing: and let us say, Amen.

מִי שֶׁבַּרַדְ אִמּוֹתֵינוּ מְקוֹר הַבְּרָכָה לַאֲבוֹתֵינוּ.

Mi she-berach immoteinu m'kor ha-b'rachah la-avoteinu.

Bless those in need of healing with רְפוּאָה שְׁלֵמָה r'fu'ah sh'lemah, the renewal of body, the renewal of spirit: and let us say, Amen.

Jonah Take a Bow

(Tune: Bulldog Bow-wow-wow, Yale fight song)

Way down, way down in old Jaffa town, Jonah abides, Jonah resides.
 One day God recruits him with a frown, "Gonna send you to preach remorse."
 Angry, Jonah hops upon a ship, Heads out the bay, the other way.
 The sailors kick him right off of the trip. He's cast overboard by force.

Refrain: Jonah! Jonah! Take a bow, meet the whale!
Jonah! Jonah! Inside now, swallowed from head to tail!
If some critter slurps you out of the brine,
That's when your spine might fail.
Jonah! Jonah! Wet and how, in the whale!

- 2. Thrown up, thrown up like a poisoned pup, Jonah survives, Jonah arrives.

 So he preaches and he tells them, "Yup, You'll be doomed if you don't repent."

 Frightened sinners dress in sacks and ash, Fast every day, watch how they pray!

 God grants with all kinds of dazzle and dash A pardon that's heaven-sent.
- 3. Bummed out, bummed out like a man in doubt, Jonah complains, Jonah disdains. "God, why did you send me on this route? You allowed me to play the fool!" God says, "Jonah, you don't see at all. The point isn't strange, the point is to change. It seems that your sense of humor is small. Forgiveness is really cool!"

We Are Called

עָלֵינוּ לְשַׁבֵּחַ לַאֲדוֹן הַכּּל, לָתֵת גַּדִלָּה לְיוֹצֵר בְּרֵאשִׁית, שֶׁלֹא עָשֶׂנוּ כְּגוֹיֵי הָאָרָצוֹת, וְלֹא שָׁמֵנוּ כְּמִשְׁפְּחוֹת הָאָדָמָה, שֶׁלֹא שָׁם חֶלְקֵנוּ כָּהֶם, וְגֹרָלֵנִוּ כְּכָל הֲמוֹנָם. וַאֲנַחְנוּ כּוֹרְעִים וּמִשְׁתַּחֲוִים וּמוֹדִים לִפְנֵי מֵלֶךְ מַלְכֵי הַמְּלָכִים, הַקָּדוֹשׁ בָּרוּדְ הוּא.

Aleinu l'shabbeach la-adon ha-kol, la-tet g'dullah l'yotzer b'reshit, she-lo asanu k'goyei ha-aratzot, v'lo samanu k'mishp'chot ha-adamah, she-lo sam chelkenu kahem, v'goralenu k'chol hamonam. Va-anachnu kor'im u-mishtachavim u-modim lifnei melech malchei ha-m'lachim, ha-kadosh baruch hu.

We pray that some day the world will be at peace. Then everyone will be free to pray in whatever way is authentic for them or not at all. May that great time come soon.

> וְנֶאֱמֵר, וְהָיָה יְיָ לְמֶלֶדְּ עַל כָּל הָאָרֶץ בַּיּוֹם הַהוּא יִהְיֶה יְיָ אֶחָד וּשְמוֹ אֶחָד.

V'ne'emar, V'hayah Adonai l'melech al kol ha-aretz ba-yom ha-hu yihyeh Adonai echad ushmo echad.

Remembrance

At this time,
we think about people who have died.
Some were our family.
Some were our friends.
When we think about these people,
we miss them.
We are grateful for memories of them.
We thank You, God,
for life and for the people we have loved.

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵה רַבָּא בְּעָלְמָא דִּי בְרָא כִרְעוּתֵה. יימליד מלכיתה בחיירני וריימירני ורחיי דכל בית ועראל. בעולא ו

ּוְיַמְלִידְ מַלְכוּתֵהּ בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל, בַּעֲגָלָא וּבִּזְמַן קָרִיב, וְאִמְרוּ אָמֵן.

ּיְהֵא שְׁמֵהּ רַבָּא מְבָרַדְּ לְעָלַם וּלְעָלְמֵי עָלְמַיָּא.

ּיִתְבָּרַדְּ וְיִשְׁתַּבַּח וְיִתְפָּאַר וְיִתְרוֹמַם וְיִתְנַשֵּׂא וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵהּ דְּקֵדְשָׁא בְּרִידְ הוּא, לְעֵלָּא מִן כָּל בִּרְכָתָא וְשִׁירָתָא תֵּשְׁבְּחָתָא וְנֶחֱמָתָא, דַּאֲמִירָן בְּעָלְמָא, וְאִמְרוּ אָמֵן.

יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא, וְחַיִּים עָלֵיְנוּ וְעַל כָּל יִשְׂרָאֵל, וְאִמְרוּ אָמֵן. עֹשֶׂה שָׁלוֹם בִּמְרוֹמָיו, הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְאִמְרוּ אָמֵן.

Yitgaddal v'yitkaddash sh'meh rabba b'alma di v'ra chir'uteh.

V'yamlich malchuteh b'chayyeichon uv-yomeichon uv-chayyei d'chol beit Yisra'el, ba-agala u-vizman kariv, v'imru amen.

Y'hé sh'meh rabba m'varach l'alam ul-almei almayya.

Yitbarach v'yishtabbach v'yitpa'ar v'yitromam v'yitnassé v'yit'haddar v'yit'alleh v'yit'hallal sh'meh d'kudsha b'rich hu, l'ella min kol birchata v'shirata tushb'chata v'nechemata, da-amiran b'alma, v'imru amen.

Y'hé sh'lama rabba min sh'mayya, v'chayyim aleinu v'al kol Yisra'el, v'imru amen.

Oseh shalom bimromav, hu ya'aseh shalom aleinu v'al kol Yisra'el, v'imru amen.

One Thing I Ask

אַחַת שָׁאַלְתִּי מֵאֵת יְיָ אוֹתָהּ אֲבַקֵּשׁ שִׁבְתִּי בְּבֵית יְיָ כָּל יְמֵי חַיַּי לַחֲזוֹת בְּנֹעַם יְיָ וּלְבַקֵּר בְּהֵיכָלוֹ.

Achat sha'alti me-et Adonai otah avakkesh (2x). Shivti b'veit Adonai kol y'mei chayyai. La-chazot b'no'am, b'no'am Adonai ul-vakker b'heichalo (2x).

One thing I ask of my God, this alone is the wish that I daily request.

One thing I ask of my God, this alone is the wish that will let my heart rest.

To live in the house of my God, that is all that I pray.

To gaze at God's beauty, to frequent God's Temple, to dwell in God's presence every day (2x).